

考試科目	普通心理學	系別	心理系	考試時間	7 月 9 日 星期五	第 2 節
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選擇題請在答案卡上作答，否則不予計分。

MULTIPLE CHOICE. Choose the one alternative that best completes the statement or answers the question.

- 1) Researchers typically stress that a key aspect of intelligence is _____.
 - A) the ability to speak different languages
 - B) the Y chromosome
 - C) that it is completely determined by the environment
 - D) the ability to adapt to the environment
 - E) It is only accurate for males

- 2) If intelligence is a concept and not a concrete object, then _____.
 - A) it has no relation to the real world
 - B) it is directly quantifiable
 - C) it can not be studied
 - D) it can not be directly measured
 - E) it can not be studies scientifically

- 3) One advantage of Carroll's model of intelligence is that _____.
 - A) It is the oldest theory
 - B) It is not supported by data
 - C) It completely explains all of intelligence
 - D) It has only two parts
 - E) It is a grand synthesis of earlier theories

- 4) Twins raised apart actually do share an aspect of their environment called the _____.
 - A) parental environment
 - B) pre-environment
 - C) microenvironment
 - D) prenatal environment
 - E) post-environment

- 5) How does the *g* factor relate to abilities in the real world?
 - A) This has not been investigated
 - B) The *g* factor only predicts school performance
 - C) It is not related to any abilities in the real world
 - D) It is less predictive of ability than the *s* factor
 - E) Performance in a wide range of occupations is predicted by *g*

備 考 試 題 隨 卷 繳 交

命 題 委 員 : _____ (簽 章) _____ 年 _____ 月 _____ 日

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- 6) A particular type of brain cell has been identified as helping the brain work more efficiently (for example in Einstein's brain). These cells are called _____.
- A) Einstein cells
 - B) sensory neurons
 - C) double neurons
 - D) glial cells
 - E) neuromodulators
- 7) The definitive reason for why the Flynn effect occurs is _____.
- A) the kind of reasoning useful in taking tests has improved
 - B) not known at present
 - C) better nutrition
 - D) the more challenging aspect of everyday life
 - E) more genetically superior individuals through natural selection
- 8) Which of the following statements is true?
- A) Display rules are genetically received.
 - B) Emotions are generally unaffected by culture.
 - C) Positive and negative emotions are opposite sides of the same coin.
 - D) An emotion can have different types and different facial expressions.
 - E) Environmental stimuli have little effect on how emotions develop.
- 9) Erica saw her old boyfriend and her heart began to race. According to cognitive theory, is she happy to see him or frightened of him?
- A) She must be frightened because her heart began to race before she reacted emotionally.
 - B) You cannot tell because she is not displaying a basic emotion.
 - C) It depends on how she interprets the situation.
 - D) You cannot tell until her reaction produces a core affect.
 - E) She is frightened because her emotional reaction came before her heart began to race.
- 10) Devon heard a noise and went to investigate. He was afraid that someone was breaking into his house. When his cat jumped out from the shadows, Devon yelled. But Devon's cat is always showing up suddenly and it usually doesn't bother him. What concept from your text best explains Devon's increased tendency to be startled?
- A) amygdala reactive response
 - B) fear-potentiated startle
 - C) reactive arousal startle
 - D) misattribution of arousal
 - E) facial feedback hypothesis

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<p>11) Clayton thought his best friend's girlfriend looked beautiful in her bikini. Needless to say, he tried very hard to hide his feelings. Which structure(s) of the brain became activated when Clayton tried to inhibit his emotional reaction?</p> <p>A) parts of the frontal lobe B) the amygdala C) the frontal lobe and the amygdala D) the hypothalamus and the amygdala E) the hypothalamus</p> <p>12) The chief function of homeostasis is to _____.</p> <p>A) control sexual urges B) offset unhealthy eating habits C) prevent balance D) maintain a steady state E) regulate emotions</p> <p>13) Manuel had a personality conflict with his math teacher. No matter how hard he tried to get along, the teacher seemed to single him out. Eventually Manuel just quit trying to get along. He knew it would never help and he just didn't see the point anymore. Manuel's feelings are best described as an example of _____.</p> <p>A) classical conditioning B) an exaggerated focus C) aversion conditioning D) learned helplessness E) the carrot and the stick</p> <p>14) Which of the following is a criticism of Maslow's theory?</p> <p>A) Research suggests that cognitive needs trump aesthetics. B) Evidence suggests that met needs become less important. C) There is no evidence that unmet needs become more important. D) The theory does not suggest a regulatory fit. E) Research does not support the idea that people want to self-actualize.</p> <p>15) Darla's father went to prison when she was four years old, following numerous domestic violence incidents with Darla's mother. Although Darla does not remember the violence, she is fearful of men and avoids intimate relationships. Freud would suggest that the problem lies with Darla's _____.</p> <p>A) superego B) unconscious mind C) id D) preconscious mind E) private anxiety</p>					
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- 16) Donita is angry with her boss so she left work a little early in order to run an extra mile before it gets dark. Which defense mechanism is Donita employing?
- A) reaction formation
B) projection
C) repression
D) rationalization
E) sublimation
- 17) Jerod has saved plenty of money and has a lucrative business that he enjoys. He likes to volunteer his time in the community and enjoys the company of others -- but still saves time to be alone. One of his favorite things to do in the evening is sit outside and watch the sunset. Maslow might suggest that Jerod is _____.
- A) experiencing a superiority complex
B) self-actualizing
C) seeking novel stimulation
D) emotionally conditioned
E) retired
- 18) According to your text, if we define a trait narrowly, it better predicts behavior but:
- A) this is difficult because of the disagreement over how many traits there are.
B) the trait can be applied to fewer situations.
C) a narrow trait applies to a broader range of situations.
D) psychologists cannot agree on what such traits are.
E) the definitions are fixed and should not be altered.
- 19) Which of the following is Jim, a middle-born, likely to experience?
- A) He is more likely to feel closely identified with his family.
B) He is more rebellious and impulsive.
C) He feels more temperamental about his status.
D) He is more likely to report having been loved as a child.
E) He is more likely to ask for parental help in an emergency.
- 20) Which of the following statements is FALSE?
- A) Genes may influence how easily the autonomic nervous system is aroused.
B) Genes seem to influence how a person responds to particular situations.
C) The environment influences one's desire for social closeness/intimacy.
D) The environment may determine whether or not someone high in psychoticism becomes a creative artist or mentally ill.
E) The MISTRA study found that the environment is the largest single contributor to personality traits.

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- 21) Suppose Patty reads a certain children's book fairly regularly to her unborn child several weeks before she gives birth. Once her child is born, her baby will _____.
- A) show a preference for her mom reading any story
 - B) show a preference for any female voice regarding the specific story while in the womb
 - C) show a preference for her mom reading a story other than the one read in the womb
 - D) show a preference for her mom reading the specific story read while in the womb
 - E) show none of the above preferences
- 22) The key difference between infant and adult audition is that infants _____.
- A) a dissonant stimulus makes them less physically active
 - B) look longer at speakers that produce consonant sounds
 - C) do not focus on relations among pitches
 - D) do not focus on absolute pitches
 - E) prefer dissonance to consonance
- 23) Elka is 9 years old. She has been working on her science project which places different dinosaurs into different periods of time. Which stage of cognitive develop is she most likely in?
- A) Preoperational
 - B) Concrete Operations
 - C) Biophysical
 - D) Formal Operations
 - E) Sensorimotor
- 24) A lasting (positive) legacy of Piaget's model of cognitive development was his _____.
- A) use of methods for behaviors that could not be easily observed
 - B) ability to fully explain why conservation and egocentrism occur
 - C) observation that there are qualitative shifts in children's performance as they age
 - D) accuracy of when children adopt given cognitive skills
 - E) ability to understand that children can be quite sophisticated in how they adopt certain skills
- 25) The case of "John/Joan" can best be understood by realizing the importance of _____ in terms of its impact on gender identity.
- A) societal expectations
 - B) sexual orientation
 - C) peer relationships
 - D) family relationships
 - E) exposure to sex hormones while in the womb

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- 26) Katie, an outgoing child who likes to explore her surroundings, will learn moral standards best if her mother _____.
- A) uses direct feedback provided that they have a close relationship
 - B) encourages her to do right instead of threatening about the consequences of doing wrong
 - C) uses gentle discipline
 - D) just takes a passive role and allows Katie to learn about the implications of her behavior by herself
 - E) uses direct feedback irrespective of the quality of their relationship
- 27) Sabina hates going food shopping. When she goes, she finds that her heart starts beating and her breathing is labored. In contrast her husband, Dacian, finds food shopping relaxing. This situation emphasizes _____.
- A) the objective nature of the stressful situation
 - B) the problems with couples food shopping
 - C) how our perception of the situation influences our stress level
 - D) the similarities within married couples' stress responses
 - E) how our body returns to homeostasis
- 28) Fabiana is beginning to realize that so-called 'surprise quizzes' in her math class really aren't too much of a surprise at all since they tend to occur every week. Accordingly, she accepts that fact and regularly reviews the course material. This example BEST illustrates that _____.
- A) coping is a whimsical process
 - B) perceiving a lack of control typically produces stress
 - C) events beyond our control can still be predictable
 - D) there can be a mismatch between perceived control and the preferred level of control
 - E) sometimes people have little opportunity to control events
- 29) Which of the following is NOT a specific job characteristic associated with burnout?
- A) Chronic conflict on the job
 - B) Job description is unclear
 - C) Frequent bonuses
 - D) Lack of social support
 - E) Unlikely chance of promotion
- 30) Ted's mom leaves pamphlets around the house about the dangers of smoking and has a rule that no one is allowed to smoke in the house. She is trying to use what two processes of change to help Ted out of the precontemplation stage?
- A) self-liberation and self-reevaluation
 - B) consciousness raising and social liberation
 - C) reinforcement management and consciousness raising
 - D) emotional arousal and self-reevaluation
 - E) precontemplation and action

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- 31) A recent review of the studies on humor's effect on the immune system concluded _____.
- A) that laughter is beneficial in the face of stress or how humor changes people's cognitive appraisal of a stressful event
 - B) that it is self- or other-effacement that is particularly helpful in coping
 - C) that humor is only beneficial in coping with certain select events
 - D) that humor really is as beneficial as previously believed
 - E) that humor cannot prevent illness
- 32) Which of the following is FALSE concerning optimists?
- A) They are less likely to develop symptoms of depression.
 - B) They are more likely to die of heart problems.
 - C) They report less stress as college students.
 - D) They recover more quickly after surgery.
 - E) They report higher levels of psychological well-being during stressful periods.
- 33) If Jerry has some sort of psychological disorder about which there are relevant psychosocial and environmental problems, then his clinician will likely note those psychological and environmental problems on Axis _____ of the DSM-IV.
- A) V B) II C) IV D) I E) III
- 34) A diagnostic bias often occurs due to _____.
- A) poor clinical training of a doctor
 - B) a patient's inability to fully list all of their symptoms
 - C) conflicting expert opinions amongst doctors
 - D) sub-standard medical care or HMOs
 - E) nonmedical factors
- 35) Yen, Robins, and Lin (2000) found that, with respect to the questions pertaining to bodily symptoms of depression, _____.
- A) Chinese individuals have lower scores than the two American comparison groups
 - B) Chinese individuals have the highest scores than the two American comparison groups
 - C) there was a significant difference between the Chinese American and Caucasian American groups
 - D) both Chinese and Chinese American individuals have lower scores than Caucasian Americans
 - E) None of the above

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- 36) Which of the following statements MOST accurately depicts how neurotransmitters affect depression?
- A) Having too much of certain neurotransmitters causes depression.
 - B) Having too little of certain neurotransmitters causes depression.
 - C) Having either too much or too little of certain neurotransmitters causes depression.
 - D) People with depression experience some change in the activity of certain neurotransmitters.
 - E) Researchers do not generally think that neurotransmitters affect depression.
- 37) Recent research has called into question the importance of _____, in particular, in developing specific phobias.
- A) classical conditioning
 - B) all forms of learning
 - C) subliminal conditioning
 - D) operant conditioning
 - E) observational learning
- 38) If an individual has suffered a particularly severe trauma, events at the levels of the _____ will be _____ important in moderating the trauma's effects.
- A) brain and person; less
 - B) group and person; more
 - C) brain and person; more
 - D) group and brain; less
 - E) group and person; less
- 39) According to psychodynamic theory, whose interpretations of the patient's words and behaviors are considered to be more valid?
- A) The spouse
 - B) The patient
 - C) The therapist
 - D) The parent
 - E) All of the above are equally valued
- 40) Dinah, a therapist, works with her clients to help them change their problematic behaviors and irrational thoughts and provide new, more adaptive behaviors and beliefs to replace old, maladaptive ones. Dinah uses what type of therapy?
- A) Psychoanalysis
 - B) Behavior
 - C) Electroconvulsive
 - D) Cognitive-behavior
 - E) Client-centered

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<p>41) Suppose during a therapy session Yvonne says "Yeah, I know my life is a mess - but it's because everyone and everything I've ever dealt with have caused havoc in my life!" Albert Ellis would view Yvonne's statement as illustrative of the process he calls _____.</p> <p>A) catastrophic exaggeration B) low frustration tolerance C) dichotomous thinking D) hostility and rage E) self-downing</p> <p>42) Systems therapy uses a variety of techniques. Which technique encourages a behavior that seems contradictory to the desired goal?</p> <p>A) Reframing B) Transference C) Validation D) Habituation E) Paradoxical intention</p> <p>43) In terms of who is seen for treatment, family therapists necessarily conceptualize "family" as _____.</p> <p>A) any group of individuals who view themselves or function as a family B) at least a married or cohabitating heterosexual couple C) at least part of the entire unit of a traditional family D) the entire unit of a traditional family E) the majority of individuals who are living together in a household</p> <p>44) Based on relevant research on treatment of psychological disorders, why might someone choose psychotherapy over medication in order to treat depression?</p> <p>A) Many individuals are concerned about the long-term side effects of such medications. B) There really isn't a good reason as to why someone might choose psychotherapy over medication. C) There is a greater stigma against medication than psychotherapy. D) There is a high relapse rate once medication is discontinued. E) Psychotherapy has consistently been shown to be superior in treating depression than medication.</p> <p>45) If a man believes he is talking on the phone to a physically attractive woman, the woman will likely _____.</p> <p>A) be offended B) behave in a friendlier way C) believe that the man is physically attractive D) question the man's motives E) be exceptionally physically attractive</p>					
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